

I am going to One Walk, Big Strides for Autism!



The walk is at McKee Farms Park in Fitchburg, WI.



When I arrive at the park, I can head to the shelter area for the Walk.



If I need to register still, or if I have donations to drop off, I can head to the Autism Society of South Central Wisconsin table for help.



I can grab my Walk Day t-shirt! These are organized on tables by team name and individual name. If I'm on a team, my team captain will get my shirt.

If I didn't get a t-shirt with registration, I can head to the Extra T-shirt Table to see if there are any left.



While I wait for the Walk to start, I can check out the sponsor tables.



I can also take a photo by myself or with my team in front of the balloon arch.



When the walk is going to begin, I will join the other walkers on the walk path by the balloon arch.



I will listen to a few people speak. The last speaker will do a countdown and then we can start walking.



I will walk with everyone under the balloon arch and on the paved sidewalk. I can walk with other people, or I can distance myself behind them.



I will see signs on the Walk path. These signs represent our Walk sponsors.



I may also see volunteers on the Walk path. They will be wearing vests or blue tshirts that look like my Walk shirt. They will cheer me on and they can offer me any help I may need.



I will continue to follow the paved path around the park. This Walk is about one mile in length. I can walk at whatever speed feels comfortable to me.



The end of the Walk path will bring me right back to where we started! Right by the shelter and the balloon arch. I completed the one mile walk for Autism!



After the Walk I can go to the shelter area to have pizza with everyone, or I can head home if I'm tired from the Walk!