

# Parenting Connections

PROVIDING RESOURCES TO CAREGIVERS OF YOUTH WITH SPECIAL NEEDS



## Parental Self-Care and Advocacy

Thursday, January 11, 5:30-7:30 p.m.

Register online, at the Children's Desk, or call 758-6585

Parenting a child is hard. Parenting a child with a special health care needs is **HARD**. If we want to be the best parents, we need to try to be at our best. We will learn ways to take care of ourselves and advocate for our families.

*presented by Tim Markle, Director of the Southern Regional Center for Children and Youth with Special Health Care Needs at the UW Madison Waisman Center.*



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## Summertime Opportunities and Travel Tips

Thursday, February 8, 5:30-7:30 p.m.

Register online, at the Children's Desk, or call 758-6585

We know that travel can be a challenge, so join us for a rich discussion about how to ease travel frustrations and enjoy family time together. Information will also be shared about fun summertime activities your family may enjoy.

*presented by Ali Bradt, Board Certified Behavior Analyst at Mercy Health Behavioral Health Autism Program*



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## Individual Education Plans (IEPs)

**Thursday, March 8, 5:30-7:30 p.m.**

Register online, at the Children's Desk, or call 758-6585

**Learn the essentials for preparing for your child's IEP meeting. Parent involvement and parent rights will be covered as well.**

*presented by Carlene Chavez, WSPEI Family Engagement Co-Coordinator at CESA 2*



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## Supported Decision-Making: Supporting Individuals to Live Full Lives

**Thursday, April 12, 5:30-7:30 p.m.**

Register online, at the Children's Desk, or call 758-6585

Supported Decision-Making is a set of strategies that help individuals with disabilities have more control over their life and future. It involves family and friends working together with individuals to provide support in making complex decisions. Regularly involving young people with disabilities in decision-making, will help them to make informed decisions and direct their own lives in adulthood.

*presented by Fil Clissa, Senior Program/Policy Analyst at the WI Board of People with Disabilities*

